

USAG Ansbach Chaplain Assistant Trains Strong Bonds



SGT Lori Price, Chaplain Assistant, instructs Soldiers and Family members of all ages using the Active Military Families curriculum.



Soldiers and Family members participate in a team building exercise by identifying individual/familial strengths and creating a family shield.

Summary: From 26 – 28 June 2015 USAG Ansbach Chaplain Assistant, SGT Lori Price, trained Families utilizing the Active Military Families curriculum. Active Military Families celebrates strengths of each family and helps members recognize and build on great things about themselves! The program involves short presentations, family learning and experiential games. Day 1 learning objectives trained children ages 5 and up about understanding emotions and expressing them in healthy ways, positive thinking, living together in harmony, identifying strengths and planning together as a team. One activity involved family members working together to “navigate” around the icebergs of life. Day 2 focused on the Adults who learned communication and conflict resolution skills, created skits that highlighted destructive behaviors, and identified their money personality. Day 3 emphasized the couple’s relationship and the importance of connection culminating in writing letters on the topics of “only you” and/or “you are important to me because...” and reading them to one another. Chaplain (Major) Sean Moore, USAG Ansbach Family Life Chaplain, supported the training by making educative comments and facilitating activities. The Families Strong Bonds program is one way that the USAG Ansbach Religious Support Office supports IMCOM-E Lines of Effort 4.2 *Promote Soldiers, Civilian and Family Member Well-Being* and 4.3 *Strengthen communities.*”

POC: CH (MAJ) Sean A. Moore, Family Life Chaplain, USAG Ansbach, sean.a.moore24.mil@mail.mil DSN (314) 467-3670