

Strong Bonds for Single Soldiers “Got Your Back”



Single Soldiers participate in training centered on personal dynamics and interpersonal relationships during a session at Edelweiss Lodge & Resort.



SFC Maria A. Castillo, USAG Ansbach Senior Chaplain Assistant, provides a personal touch by dialoguing with a Soldier during the three-day training period.

Summary: On 25 – 27 January 2015 USAG Ansbach Religious Support Office conducted a Single Soldier Strong Bonds training event at Edelweiss Lodge and Resort in Garmisch, Germany. Chaplain (Major) Sean Moore, USAG Ansbach Family Life Chaplain, and SFC Maria Castillo, USAG Ansbach Senior Chaplain Assistant, facilitated blocks of instruction over the course of three days. The event entitled, *Got Your Back*, attracted Soldiers from both FORSCOM and IMCOM. *Got Your Back* is a training designed to help Soldiers reach their own goals and, more specifically, be satisfied with their lives. It is about learning the skills and principles essential to having good relationships of all kinds - at work, with friends and family, and within romantic relationships. Funding provided transportation, 2 nights lodging, breakfast and dinner meals, conference space with coffee and tea, and training materials. The USAG Strong Bonds Program is one way the Religious Support Office supports the USAG Ansbach Garrison Commander’s Lines of Effort 1 *Mission Command*, 3 *Community Support*, and 4 *Ready and Resilient*.